

## INTERSCHOOL ACTIVITIES AND COMPETITIONS 2005-2006

### 1. *Swimming*

*Hong Kong School Sports Federation Shatin and Sai Kung Secondary Schools Area Committee Inter-school Swimming Competition 2005-2006:*

Girls B Grade 100m Freestyle	Champion	Wong Wing Yan	4D
Girls B Grade 50m Butterfly	Champion	Wong Wing Yan	4D
Girls B Grade 50m Freestyle	2nd Runner-up	Lau Hiu Ching	4D
Girls B Grade 4x50m Freestyle Relay	Champion	Lee Man Hei	3E
		Kwan Yee Man	4D
		Lau Hiu Ching	4D
		Wong Wing Yan	4D
Girls B Grade Overall	3 <sup>rd</sup> Runner-up		
Boys B Grade 200m Freestyle	1st Runner-up	Tse Yat Long	3A
Boys B Grade Overall	Merit		
Boys C Grade 50m Backstroke	1st Runner-up	Lau Pak Ho	2B
Boys C Grade Overall	3 <sup>rd</sup> Runner-up		
Girls C Grade Overall	Merit		

### 2. *Volleyball*

*Hong Kong School Sports Federation Shatin & Sai Kung Secondary Schools Area Committee Inter-school Volleyball Competition 2005-2006:*

Girls C Grade (Division Two)	1st Runner-up	Whole team	
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### 3. *Badminton*

*Shatin Youth Association Shatin Badminton Open 2005:*

Shatin Badminton Open 2005	1 <sup>st</sup> Runner-up	Chung Wun Yu	5E
Shatin Badminton Open 2005	1 <sup>st</sup> Runner-up	Chu Man Yi	4A

### 4. *Basketball*

*Hong Kong Schools Sports Federation Shatin & Sai Kung Secondary Schools Area Committee Inter-school Basketball Competition 2005-2006:*

Boys B Grade (Division One)	2 <sup>nd</sup> Runner-up	Whole team	
Boys C Grade (Division One)	1 <sup>st</sup> Runner-up	Whole team	
Girls A Grade (Division Two)	3 <sup>rd</sup> Runner-up	Whole team	
Girls C Grade (Division Two)	1 <sup>st</sup> Runner-up	Whole team	

### 5. *Handball*

*Handball Association of Hong Kong, the Student Handball Club of Hong Kong University of Science & Technology Beach Handball Competition 2005:*

Boys Junior Team	2 <sup>nd</sup> Runner-up		
Boys Youth Team	1 <sup>st</sup> Runner-up		

*Hong Kong Schools Sports Federation Shatin & Sai Kung Secondary Schools Area Committee Inter-school Handball Competition 2005-2006:*

Boys B Grade	3 <sup>rd</sup> Runner-up		
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## **6. Long Run & Cross Country**

*HK Schools Sports Federation Shatin & Sai Kung Secondary Schools Area Committee Inter-school Shing Mun River Long Run Competition 2005-2006:*

Boys A Grade	4 <sup>th</sup> Runner-up		
Boys B Grade	1 <sup>st</sup> Runner-up		
Boys C Grade	6 <sup>th</sup> Runner-up		
Girls B Grade	1 <sup>st</sup> Runner-up		
Boys A Grade individual	1 <sup>st</sup> Runner-up	Chan wing Hong	6C
Boys A Grade individual	3 <sup>rd</sup> Runner-up	Chan Hung Wai	6A
Boys B Grade individual	4 <sup>th</sup> Runner-up	Li Chi Hang	3E
Boys B Grade individual	6 <sup>th</sup> Runner-up	Chan Sing Yau	3C
Boys C Grade individual	6 <sup>th</sup> Runner-up	Yuen Wai Ching	2D

*HK Schools Sports Federation Shatin & Sai Kung Secondary Schools Area Committee Inter-School Cross Country Competition 2005-2006:*

Boys A Grade	1 <sup>st</sup> Runner-up		
Boys B Grade	Champion		
Boys C Grade	1 <sup>st</sup> Runner-up		
Girls B Grade	3 <sup>rd</sup> Runner up		
Boys A Grade individual	1 <sup>st</sup> Runner-up	Chan Wing Hong	6C
Boys A Grade individual	2 <sup>nd</sup> Runner-up	Chan Hung Wai	6A
Boys B Grade individual	4 <sup>th</sup> Runner-up	Li Chi Hang	3E
Boys B Grade individual	5 <sup>th</sup> Runner-up	Chan Sing Yau	3C
Boys C Grade individual	4 <sup>th</sup> Runner-up	Kwok Yuk Ting	2E
Girls B Grade individual	9 <sup>th</sup> Runner-up	Lai Nga Sze	3A

HK Amateur Athletics Association:

Fila HK Half Marathon Boys' Junior	1 <sup>st</sup> Runner-up	Chan Hung Wai	6A
Reebok 15km HK Challenge Boys' Junior	2 <sup>nd</sup> Runner-up	Chan Hung Wai	6A
Mizuno HK Half-Marathon Championships Boys' Junior	Champion	Chan Hung Wai	6A
Standard Chartered HK Marathon Boys' Junior	Champion	Chan Hung Wai	6A

Mizuno HK Half-Marathon Championships Boys' Junior	3 <sup>rd</sup> Runner-up	Chan Wing Hong	6C
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*HK Schools Sports Federation Shatin & Sai Kung Secondary Schools Area Committee  
Inter-school Athletics Meet:*

Boys A Grade 5000m	Champion	Chan Hung Wai	6A
Boys A Grade 1500m	1 <sup>st</sup> Runner-up	Chan Wing Hong	6C
Boys A Grade 800m	2 <sup>nd</sup> Runner-up	Chan Wing Hong	6C
Boys B Grade Shot Put	Champion	Chong Pui Yuen	3E
Boys C Grade High Jump	1 <sup>st</sup> Runner-up	Chan Po Lam	1B

*The HK Federation of Youth Groups Bonaqua Youth Challenge:*

Boys Category	Champion	Chan Wing Hong	6C
		Chan Hung Wai	6A

**7. Table Tennis**

*Hong Kong School Sports Federation Shatin & Sai Kung Secondary Schools Area Committee  
Inter-school Table Tennis Competition 2005-2006:*

Boys A Grade	1 <sup>st</sup> Runner-up	Wong Chun Kau	5D
		Lee Yiu Chung	5E
		Ngai Ki Sum	6C
		Lam Hang Fai	6A

**8. Other Sports Competition Results**

*Hong Kong School Sports Federation Shatin and Sai Kung Secondary Schools Area  
Committee:*

Boys Overall	3 <sup>rd</sup> Runner-up		
Girls Overall	6 <sup>th</sup> Runner-up		
Outstanding Athlete	Certificate	Chan Wing Hon	6C
Outstanding Athlete	Certificate	Wong Wing Yan	4D
Outstanding Athlete	Certificate	Chan Hung Wai	6A

*Orienteering Association of Hong Kong Joint School Orienteering Championships 2005  
(New Territories District):*

Boys B Grade	Champion	Kwok Hoi Kwan	4E
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*Leisure and Cultural Services Department:*

School Sports Programme	The Most Active Participation School		
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School Sports Programme	Outstanding Sports Leader	Lai Pui Sze	6C
School Sport Captain Programme	Silver Certificate	Lai Pui Sze	6C

## 9. Speech

57<sup>th</sup> Hong Kong Schools Speech Festival 2005-2006 (English):

Choral Speaking: Non-Open: F.1 Boys	Champion	F1. Boys	
Solo Verse Speaking: Non-Open: F.2 Boys	Champion	Tsang Cheuk Hung	2C
Solo Verse Speaking: Non-Open: F.3 Girls	Champion	Lin Chi Yan	3C
Bible Reading Age 15 and Over	Champion	Lin Chi Wo	5B
Solo Verse Speaking: Non-Open: F.1 Girls	1 <sup>st</sup> Runner-up	Cheng Hiu Man	1B
Solo Verse Speaking: Non-Open: F.2 Boys	1 <sup>st</sup> Runner-up	Cheung Sing Wai	2D
Solo Verse Speaking: Non-Open: F.4 Boys	1 <sup>st</sup> Runner-up	Leung Kin Man	4C
Solo Verse Speaking: Non-Open: F.4 Boys	1 <sup>st</sup> Runner-up	Fu Chun Leung	4D
Solo Verse Speaking: Non-Open: F.1 Girls	2 <sup>nd</sup> Runner-up	Ma Mui Yee	1B
Solo Verse Speaking: Non-Open: F.1 Boys	2 <sup>nd</sup> Runner-up	Lee Yik Chung	1D
Solo Verse Speaking: Non-Open: F.2 Girls	2 <sup>nd</sup> Runner-up	Chong Chui Ying	2B
Solo Verse Speaking: Non-Open: F.4 Boys	2 <sup>nd</sup> Runner-up	Chow William	4C
Solo Verse Speaking: Non-Open: F.4 Girls	2 <sup>nd</sup> Runner-up	Ng Wing In	4B
Solo Verse Speaking: Non-Open: F.4 Girls	2 <sup>nd</sup> Runner-up	Cheng Wing Yan	4E
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Chan Yuen Wing	1A
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Hui Yan Yue Eunice	1A
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Chan Ting Chi	1B
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Ho Ka Po	1B
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Sit Lok Yee	1B
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Lau Ching Yee	1D
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Lee Hin Yu	1D
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Kam Cheuk Yee	1E
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Li Ming Sui	1E
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Ma Tsz Yan	1E
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Mak Sin Ting	1E
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Ng Wing Hei	1E
Solo Verse Speaking: Non-Open: F1 Girls	Merit	Pang Hoi Yee	1E
Solo Verse Speaking: Non-Open: F2 Girls	Merit	Lam King Lo	2B
Solo Verse Speaking: Non-Open: F2 Girls	Merit	Kwong Oi Yee	2C
Solo Verse Speaking: Non-Open: F2 Girls	Merit	Leung Hei Noh	2C
Solo Verse Speaking: Non-Open: F2 Girls	Merit	Sum Hoi Ling	2C
Solo Verse Speaking: Non-Open: F4 Boys	Merit	Yim Wing Hong	4C
Solo Verse Speaking: Non-Open: F1 Boys	Merit	Cheng Enoch Hoi Fong	1D
Solo Verse Speaking: Non-Open: F2 Boys	Merit	Ng Kit Shing Jackson	2D

Solo Verse Speaking: Non-Open: F2 Boys	Merit	Chan Yee Hong	2E
Solo Verse Speaking: Non-Open: F3 Boys	Merit	Lam Ho Fai	3A
Solo Verse Speaking: Non-Open: F3 Girls	Merit	Li Yin Yu	3A
Solo Verse Speaking: Non-Open: F3 Girls	Merit	Hau Ka Man	3C
Solo Verse Speaking: Non-Open: F3 Girls	Merit	Chan Ting	3E
English Prose Reading: Non-Open: F1 Boys	Merit	Sin Hong Man	1E
English Prose Reading: Non-Open: F6-7 Boys	Merit	Cheung Ching Kit	6C

*57<sup>th</sup> HK Schools Speech Festival 2005-2006 (Chinese):*

Solo Prose Reading (Cantonese) F.2 Boys	2nd Runner-up Merit	Cheng Hong Chun Tong Kwan Kit	2A 2D
Solo Verse Reading (Cantonese) F.5 Boys	Champion	Cheung Kam Ho	5D
Solo Prose Reading (Cantonese) F.6&7 Girls	Champion	Yiu Wan Ting	6B
Solo Verse Reading (Cantonese) F.2 Girls	Champion 1st Runner-up	Chan Yin Kei Chau Hoi Lam	2A 2E
Solo Prose Reading (Cantonese) F.4 Boys	Merit	Chow Ka Chun	4B
Prose Reading (Cantonese) F.1 Girls	Merit	Pang Mei Han Chung Cho Yi	1D 1E
Solo Prose Reading (Cantonese) F.1 Boys	2nd Runner-up	Lee Yik Chung	1D
Christian Prose Reading F.1&2	Merit	Chan Siu Tung	1C
Solo Prose Reading (Cantonese) F.2 Girls	1st Runner-up	Lam Sze Man	2E
Solo Verse Reading (Cantonese) F.2 Boys	Champion	Tong Kwan Kit	2D
Solo Prose Reading (Cantonese) F.4 Girls	1st Runner-up 1 <sup>st</sup> Runner-up	Tam Sau Man Leung Ching Kun	4A 4B
Solo Verse Reading (Cantonese) F.1 Girls	Merit Merit	Leung Oi Ying Lee Hin Yu	1A 1D
Solo Prose Reading (Cantonese) F.1 Boys	Champion	Mak Man Hin	1D
Solo Prose Reading (Cantonese) F.5 Boys	Champion	Cheung Kam Ho	5D
Solo Verse Reading (Putonghua) F.1&2 Girls	Champion	Lam Sze Man	2E

*Lion Club of Hong Kong Island & Home Affairs Department:*

Hong Kong Youth Chinese Classical Poem Recitation Competition	Merit	Yiu Wan Ting	6B
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**10. Music**

*58<sup>th</sup> HK Schools Music Festival:*

Zheng Solo-Senior	Merit	Wong Wing Yan	3D
Zheng Solo-Senior	Merit	Wu Kwan Wai	3D
Zheng Solo-Junior	Merit	Yue Ying Ching	4A
Clarinet Solo (Secondary)	Merit	Leung Ka Sin	4C

School)-Intermediate			
Female Voice Solo Under Age 16	Merit	Cheung Man Ting	4D
Grade 6 Piano Solo	Merit	Wu Pak Kin	4E
Grade 7 Violin Solo	Merit	Chan Hin Fung	2C
Xylophone Solo-Senior	Merit	Chan Chun Pan	3C
Grade 5 Piano Solo	Merit	Cheung Ki Yan	1A
Piano Sonata Solo	Merit	Cheng Hui Man	1B
Zheng Solo-Senior	Merit	But Wing Suet	2B
Grade Seven Piano Solo	Merit	Mak Chi Yan	2C
Guitar Solo-Junior	Merit	Wu Man Hong	5E
Grade 7 Violin Solo	Merit	Tang Chun Wing	1A
Cello Solo-Intermediate	Merit	Cheng Hiu Man	1B
Grade 5 Piano Solo	Merit	Lee Yik Chung	1D
Grade 5 Piano Solo	Merit	Chan Ka Hang	1E
French Horn Solo-Junior	Merit	Yau Chun Kit	1C
Grade 6 Piano Solo	Merit	Ho Wing Sze	1E
Grade 4 Piano Solo	Merit	Wong Wai Ying	1E
Grade 6 Piano Solo	Merit	Chan Yin Ki	2A
Piano Sonatina Solo	Merit	Tse Kin Cheung	2E
Zheng Solo-Intermediate	Merit	Tse Kin Cheung	2E
Flute Solo-Intermediate	Merit	Ng Yan Lam	2E
Grade 7 Piano Solo	Merit	Wong Yin Yan	3A
French Horn Solo-Junior	Merit	Chan Long Yin	3A
Female Voice Solo Under Age 16	1 <sup>st</sup> Runner-up	Lee Yi Nga	4B
Recorder Duet	2 <sup>nd</sup> Runner-up	Lee Hiu Yan Lai Pui Wah	4C 4C
Saxophone Solo-Junior	2 <sup>nd</sup> Runner-up	Chan Chun Pan	3C
Er-hu Solo-Intermediate	2 <sup>nd</sup> Runner-up	Lee Yik Chung	1D
SATB Mixed Voice Choir Singing in Chinese	Champion		
Grade 5 Piano Solo	2 <sup>nd</sup> Runner-up	Hui Yan Yue	1A
Piano Sonata Solo	1 <sup>st</sup> Runner-up	Chan Siu Tung	1C
Piano Sonata Solo	2 <sup>nd</sup> Runner-up	Wan Cheuk Shing	2A
Grade 5 Piano Solo	Champion	Lam Wing Tung	2C
Saxophone Solo-Junior	3 <sup>rd</sup> Runner-up	Chan Chun Pan	3C
Er-hu Solo-Intermediate	3 <sup>rd</sup> Runner-up	Lee Yik Chung	1D
Zheng Solo-Junior	2 <sup>nd</sup> Runner-up	Tam Yim Kuen	4A
Er-hu Solo-Senior	2 <sup>nd</sup> Runner-up	Tam Hiu Ching	4E
Ruan Solo-Senior	2 <sup>nd</sup> Runner-up	Lo Hin To	5D
Grade 6 Piano Solo	1 <sup>st</sup> Runner-up	Hui San Chun	3E
Grade 6 Piano Solo	Champion	Chan Siu Tung	1C

Trombone Solo-Intermediate	1 <sup>st</sup> Runner-up	Lo Kwok Him	2D
Grade 6 Piano Solo	2 <sup>nd</sup> Runner-up	Chan Sing Yan	3C
Grade 5 Violin Solo	1 <sup>st</sup> Runner-up	Liu Yuen Hang	3C
Double Bass Solo	Champion	Cheng Hin Man	1B
Grade Six Piano Solo	1 <sup>st</sup> Runner-up	Tsang Cheuk Hung	2C

*Leisure and Cultural Services Department Hong Kong Youth Music Interflows:*

Symphony Orchestra Contest	Bronze Prize		
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*Chinese Culture Management Association:*

2006 Chinese Around The World Music Competition (H.K Section)	1 <sup>st</sup> Runner-up	Lo Kwok Hin	2D
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**11. Dance**

*Schools Dance Festival:*

42 <sup>nd</sup> Schools Dance Festival (2005-2006)	Highly Commended Award	Whole Team	
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**12. Voluntary Services**

*The HK Federation of Youth Groups:*

Voluntary Services Records	Award for Accumulated Voluntary Service over 150 hours	Chun Sing Hong	5B
		Mak Ka Ki	5E
		Chan Wing Yin	5E
		Wong Yee Ki	4E
Voluntary Services Records	Award for Accumulated Voluntary Service over 150 hours	Ma Shun Han	5B
		Tong Ka Man	7A
		Fung Yee Lee	7A
		Leung Pui Ling	7A
Voluntary Services Records	Award for Accumulated Voluntary Service over 200 hours	Wu Hiu Man	7B
		Cheng Ka Wai	4B
		Wong Ka Yu	4B
		Leung Sin Yuk	4A
Voluntary Services Records	Award for Accumulated Voluntary Service over 200 hours	Lau Ada	6A
		Fong Hiu Lam	5A
		Chan Bik Kwan	5D
		Li Hoi Shan	7A
Voluntary Services Records	Award for Accumulated Voluntary Service	Cheng Wai Hing	7B
		Chan Ka Yin	6B
		Wong Tung Lui	7B

	over 400 hours	Luk Ying Tung	7B
Voluntary Services Records	Award for	Mak Cho Kiu	7B
	Accumulated	Ip Ka Yan	5D
	Voluntary Service	Tam Yuen Ling	5B
	over 200 hours	Li Shirley	5D
Voluntary Services Records	Award for Accumulated Voluntary Service over 1000hours	Wong Yee Ting	7B

### 13. Girl Guides

*The Hong Kong Girl Guides Association:*

The Chief Commissioners Guides Award		Tong Ka Man	7A
		Yiu Wan Ting	7A
		Wong Ka Wing	7A
		But Tsz Yan	7B
		Yuen Shuk Yin	6A
Outstanding Girl Guides		Chun Sin Hang	5B
Outstanding Unit	Golden Prize		

### 14. Scouts

*Scouts Association of H.K.:*

Scouts Crafts Competition 2006	1 <sup>st</sup> Runner-up		
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### 15. Hong Kong St. John Ambulance

*Hong Kong St. John Ambulance Brigade Kowloon & New Territories Command Cadet Region Inter-divisional Competition 2005:*

Home Nursing Competition	Champion	Ho Sum Yee Lau Ka Man	4D
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### 16. Chinese Chess

*Hong Kong Joint School Chess Promotion Union:*

HK Secondary School Chinese Chess Competition 2006	Group Champion	Li Ka Yu	3C
		Chan Shun Nok	3C
		Yiu Kai Yeung	3E
HK Secondary School Chinese chess Competition 2006	Individual 1 <sup>st</sup> Runner-up	Ho Shui Lun	6C

*Joint School Chinese Chess Association:*

HK Inter-school Chinese Chess Competition	1 <sup>st</sup> Prize (Heat)	Ho Shui Lun	6C
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	& Merit (Final)	Lam Ngor Ling	4A
		Yu Yau Kong	4D

### 17. Visual Arts

#### *Education & Manpower Bureau:*

Exhibition of Primary & Secondary Schools Students' Creative Visual Arts Work	Merit	Wong Kai Chung	4E
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#### *Action for Vision Eye Foundation:*

Protect Your Eyes Poster & Slogan Competition	Merit	Li King Lun	4A
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#### *HK Institute of Vocational Education (Kung Tong):*

2005 Very Trendy Design Competition	Merit	Lai Yiu Hei	5A
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### 18. Literary Activities

#### *Joint School Librarianship Competition Preparation Committee:*

Joint School Librarianship Competition	3 <sup>rd</sup> Runner-up		
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### 19. Debate

#### *New Territories Joint School Debating Association:*

New Territories Joint School Debating Competition	Best Debater	Wong Ka Ho	6A
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### 20. English Drama

#### *HK Schools Drama Festival 2005-06:*

	Award for Outstanding Cooperation		
	Award for Outstanding Actress	Wong Ming Ming	6A

### 21. Others

#### *Careers Advisory Service, Labour Department:*

"VCD on Careers Planning" Online Careers Information Search Competition	Merit	Yiu Kai Yeung	3E
		Siu Pui Man	3E

#### *Hok Yau Club Students Top Ten News Election 2005:*

Commentary Competition	Champion	Ng Chi Lan	6A
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*The EMB, the Hong Kong Association for Computer Education and the Faculty of Engineering of CUHK: The HK Olympiad in Informatics 2006:*

HKO 2006	Bronze	Chung Tsz Yeung	3E
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*Environmental Campaign Committee:*

Basic Environmental Badge Training		Lee Yuen Ying	3C
		Poon Man Yan	3C
		Chang Ka Yee	4A
		Mok Pik Yi	4A
		Cheng Ka Wai	4B
		Fan Lai Ying	4B
		Ng Po Yee	4B
		Wong Ka Yu	4B
		Wong Yee Ki	4E

*The Harvard Book Club of Hong Kong:*

The Harvard Book Prize	1 <sup>st</sup> Prize	Ng Yue Hinn Brian	6C
The Harvard Book Prize	2 <sup>nd</sup> Prize	Lam Yee Yan	6B
The Harvard Book Prize	2 <sup>nd</sup> Prize	Yuen Shuk In	6A

A.S. Watson Group HK Student Sports Award		Wu Kai Yip	7A
Shatin Outstanding Students Competition, Shatin District Council	Merit	Wong Lok Hang	6B